



Job Description: Mental Health Peer Worker

“Designated Lived Experience roles include all positions that require lived experience as key criteria, regardless of position type or setting. Key to qualification for Lived Experience roles, is that the experiences were so significant they caused the individual to reassess and often change their lives, their future plans, and their view of themselves” - National Lived Experience (Peer) Workforce Development Guidelines

As a Mental Health Peer Worker with Recovery Shared, you will be working independently in a variety of community and residential settings to support a broad range of people to realise meaningful lives in recovery.

This is an identified Mental Health Peer Worker role that requires a worker to draw on their personal lived experience of mental health issues, engagement with mental health systems, and continued recovery, in support of people experiencing psychosocial disability.

The role is an ideal opportunity for a Mental Health Support Worker to gain additional experience in an identified role, for a Mental Health Peer Worker who would like to extend their existing experience and/or someone looking to utilise their personal lived experience of mental health concerns to transition to a new career.

You will be supported through an equitable, supportive and inclusive work environment, attractive remuneration, role-specific guidance, access to professional Peer Worker supervision, job-specific technology, flexibility of work hours and assistance with completion of training and qualifications in peer work. You will be encouraged to contribute to the continued development of business practices and procedures.

Above all, you are enthusiastic about peer work and the contribution to mental health service delivery of people with a lived experience of mental health issues and recovery. You are an active participant in your own recovery and are willing and able to share relevant experience of your personal recovery journey for the benefit of others. You are willing to learn and contribute for the benefit of service delivery.

About Us

Recovery Shared offers services that are informed and delivered utilising the expertise of people with lived experiences of mental illness and recovery. We are an independent service created by, and for, people living alongside mental health concerns. We value the experience of those engaged with our supports and encourage service users and workers to help shape our service delivery.

Our growing team of experienced Mental Health Peer Workers currently provide community-based supports for people living in and around Sydney's North Shore, Northern Beaches and Inner City. We assist people to build social skills and engage in activities with others, improve and maintain physical well-being, access and continue education and employment, develop and implement helpful strategies and routines, and develop life skills to build greater independence.

About You

Above all, you are enthusiastic about peer work and the contribution to mental health service delivery of people with a lived experience of mental illness and recovery. You are an active participant in your own recovery and are willing to share relevant experience of your personal recovery journey for the benefit of others.

Selection criteria:

- A personal lived experience of mental health issues and engagement with the public and/or private mental health system
- Demonstrated experience in problem solving and managing challenging situations
- Ability to work autonomously while recognising when to ask for help
- Current unrestricted Australian driver licence and access to a reliable car with applicable insurance for transporting participants
- Current First Aid and CPR certificates or willingness to obtain
- Current Criminal History and Working With Children Checks or willingness to obtain

We highly regard:

- Over 12 months' experience in a support worker role within the mental health sector
- Understanding of trauma-informed, recovery-oriented and person-centred service provision
- Previous experience in an identified Peer Worker role (paid or voluntary)
- Training in ASIST and/or Mental Health First Aid or similar
- Certificate IV in Mental Health Peer Work or willingness to obtain
- Demonstrated ability to set and maintain personal and professional boundaries
- An ability to engage in light physical activity while supporting participants e.g. walking at a steady pace for up to 1 hour

Please email your resume with a cover letter to contact@peersupport.com.au outlining how you meet the above criteria.